

TREINÃO GM RUNNERS

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5KM FEM									
Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E.	C.	Equipe	Tempo
1	47	ROSANA GODINHO	FEM	39	F3140	-	.	GM RUNNING / QUINTAL TOMY	00:22:39
2	114	KEILA MORAES DE OLIVEIRA	FEM	17	F1530	-	.	GM RUNNING	00:23:07
3	9	GABRIELA MINETTO	FEM	21	F1530	-	.	PAX RUNNING	00:25:06
4	103	CELIA JOSEFA DA SILVA	FEM	46	F4150	-	.		00:26:14
5	63	ELIANE ONOFRE	FEM	37	F3140	-	.		00:27:20
6	25	ROSA MARIA CONSOLI	FEM	38	F3140	1	.	GM RUNNING / QUINTAL TOMY	00:27:30
7	30	DANIELA BALDO GONÇALVES	FEM	44	F4150	1	.	GM RUNNING / QUINTAL TOMY	00:27:33
8	13	NAYARA MORAES	FEM	25	F1530	1	.	GM RUNNING / QUINTAL TOMY	00:27:41
9	44	ERIKA PALMEIRA ZANONI	FEM	38	F3140	2	.	MARAVILHAS RUN	00:27:45
10	41	JULIANA DIAS ALMEIDA	FEM	38	F3140	3	.	GM RUNNING / QUINTAL TOMY	00:28:50
11	29	JESSICA MINHOZ BRIZZI	FEM	24	F1530	2	.	GM RUNNING / QUINTAL TOMY	00:28:52
12	80	PRISCILA BENELLI	FEM	34	F3140	4	.	GM RUNNING	00:28:57
13	79	CAMILA DIAS GUIOTTI	FEM	38	F3140	5	.	GM RUNNING	00:29:10
14	118	FERNANDA LOPES DE SOUZA	FEM	29	F1530	3	.		00:29:12
15	15	MICHELLI BALDO	FEM	28	F1530	4	.	GM RUNNING / QUINTAL TOMY	00:29:21
16	92	TALITA CARON BENELLI	FEM	30	F1530	5	.	GM RUNNING	00:29:37
17	67	CINTIA REGINA RODRIGUES	FEM	36	F3140	6	.	GM RUNNING / QUINTAL TOMY	00:29:41
18	42	MARIA ROSARIO GOMES	FEM	60	F5199	1	.	GM RUNNING / QUINTAL TOMY	00:29:50
19	61	ANA PAULA MORAES	FEM	30	F1530	6	.	GM RUNNING / QUINTAL TOMY	00:30:12
20	68	THAIZA MAROUBO DE BRITO	FEM	38	F3140	7	.	GM RUNNING / QUINTAL TOMY	00:30:17
21	131	ADRIANA ZIBORDI TOMBOLATO	FEM	46	F4150	2	.	GM RUNNING / QUINTAL TOMY	00:30:23
22	130	SIMONE CAETANO GUERIN	FEM	44	F4150	3	.	GM RUNNING / QUINTAL TOMY	00:30:36
23	111	SIRLEI RICARDO AZEVEDO	FEM	53	F5199	2	.		00:30:52
24	43	NEIDE SHIMOKAWA	FEM	57	F5199	3	.	GM RUNNING / QUINTAL TOMY	00:30:59
25	19	ZILDA COSTA BENELI	FEM	63	F5199	4	.	GM RUNNING / QUINTAL TOMY	00:31:01
26	102	MISLAINE MANFIO	FEM	32	F3140	8	.	GM RUNNING	00:31:05
27	35	BARBARA BALDANI NUNES	FEM	13	M3140	5	.	GM RUNNING / QUINTAL TOMY	00:31:26
28	73	RENATA DE LUCA	FEM	31	F3140	9	.	GM RUNNING / QUINTAL TOMY	00:31:49
29	77	ELAINE JULIANE NUNES	FEM	37	F3140	10	.	GM RUNNING	00:31:55
30	83	NADIA PEREIRA	FEM	46	F4150	4	.	GM RUNNING	00:31:57
31	69	RENATA MANFIO	FEM	34	F3140	11	.	GM RUNNING / QUINTAL TOMY	00:32:39
32	48	ANA CAROLINA CAVANHA	FEM	38	F3140	12	.	GM RUNNING / QUINTAL TOMY	00:32:56
33	24	ROSANGELA ROCHA	FEM	40	F3140	13	.	GM RUNNING / QUINTAL TOMY	00:32:59
34	34	LETICIA NARDIS	FEM	24	F1530	7	.	GM RUNNING / QUINTAL TOMY	00:32:59
35	87	CRISTIANE TOLEDO	FEM	50	F4150	5	.		00:33:02

36	112	RAFAELA FONTANA	FEM	26	F1530	8	.	GM RUNNING	00:33:06
37	1	ANA PAULA SILVA	FEM	50	F4150	6	.	CAPTOM	00:33:15
38	39	GLAUCIANA M. NUNES	FEM	36	F3140	14	.	GM RUNNING / QUINTAL TOMY	00:33:47
39	49	SANDRA FERNANDES	FEM	43	F4150	7	.	GM RUNNING / QUINTAL TOMY	00:33:47
40	8	ALEXANDRA AP GOES	FEM	46	F4150	8	.	GM RUNNING / QUINTAL TOMY	00:34:10
41	38	MARIA JULIA SOARES	FEM	22	F1530	9	.	GM RUNNING / QUINTAL TOMY	00:34:15
42	104	SILVANA SERVILHA	FEM	34	F3140	15	.	GM RUNING	00:34:25
43	11	KATIUCIA DALCORSO	FEM	30	F1530	10	.	GM RUNNING / QUINTAL TOMY	00:34:46
44	86	SILVANA OLIVEIRA	FEM	52	F5199	5	.	GM RUNNING / QUINTAL TOMY	00:34:46
45	54	SIMONE PIRES	FEM	32	F3140	16	.	GM RUNNING / QUINTAL TOMY	00:35:35
46	53	ANA CAROLINA GODOI	FEM	25	F1530	11	.	GM RUNNING / QUINTAL TOMY	00:35:37
47	57	RENATA CASTANHARO	FEM	37	F3140	17	.	.	00:36:35
48	36	HERICA SOUZA SANTANA	FEM	24	F1530	12	.	GM RUNNING / QUINTAL TOMY	00:36:44
49	32	CAROLINA B SANTOS	FEM	30	F1530	13	.	GM RUNNING / QUINTAL TOMY	00:38:13
50	20	ISABELA GONCALVES	FEM	27	F1530	14	.	GM RUNNING / QUINTAL TOMY	00:38:43
51	60	PRISCILA MOTTA SALTÃO	FEM	41	F4150	9	.	GM RUNNING / QUINTAL TOMY	00:38:47
52	71	KAROL THAUMATARGO	FEM	26	F1530	15	.	GM RUNNING / QUINTAL TOMY	00:38:49
53	45	ELIANE COIMBRA	FEM	38	F3140	18	.	GM RUNNING / QUINTAL TOMY	00:39:01
54	51	RAFAELA FERNANDES	FEM	20	F1530	16	.	GM RUNNING / QUINTAL TOMY	00:40:55
55	18	ANA BEATRIZ BUENO	FEM	24	F1530	17	.	GM RUNNING / QUINTAL TOMY	00:41:42
56	40	MARIA EDUARDA BUENO	FEM	18	F1530	18	.	GM RUNNING / QUINTAL TOMY	00:41:42